

Sarah M. Bauer

PROFESSIONAL SUMMARY

Rehabilitation professional with over 8 years of experience assisting individuals with mental and physical disabilities, including 1 year experience providing vocational rehabilitation within the U.S. Department of Veteran's Affairs. Passionate to assist individuals with disabilities to meet their goals for competitive employment, optimum recovery, and personalized well-being.

PROFESSIONAL EXPERIENCE

Vocational Concepts, LLC.

Jan. 2022 – Present

Rehabilitation Specialist

- Assists in conceptualization and writing of vocational reports for forensic purposes, including personal injury, long term disability, and marriage dissolution cases
- Provides comprehensive and individualized vocational assessments to assist clients in determining vocational abilities
- Conducts labor market surveys to determine availability, growth, essential tasks, and other characteristics associated with careers of interest
- Conducts literature reviews on subject matters of consequence to advance forensic and vocational rehabilitation case development

Department of Veteran's Affairs, James A. Haley VA, Tampa, FL

Jan. 2021 – Dec. 2021

Intern, Vocational Rehabilitation, Physical Medicine & Rehabilitation Service

- Provided vocational and mental health counseling to individuals with chronic pain, traumatic brain injury, mood disorder, severe mental illness, substance use disorder, blast injury, and other chronic conditions resulting in disability
- Collaborated with interdisciplinary teams on assigned inpatient Polytrauma units, including the Chronic Pain Rehabilitation Program (CPRP) and the Tampa VA Domiciliary, and on assigned outpatient Polytrauma programming, specifically the Pain Empowerment Anywhere (PEAK) program
- Maintained a written rehabilitation plan and updated written plan accordingly to reflect client's current needs and progress toward rehabilitation goals
- Conducted comprehensive evaluation of clients' strengths, aptitudes, resources, limitations, and needs, through client interview, observation, vocational evaluations, interpretation of vocational assessments, and chart review
- Conceptualized presenting clients with consideration of the individualized biopsychosocial complexities and cultural implications associated with rehabilitation
- Chief editor of quarterly newsletter for James A. Haley Vocational Rehabilitation Service
- Created guide of best practices for vocational rehabilitation services for individuals with "Covid Long Hauler" symptoms, based on current recommendations from the medical community

Dept. of Veteran's Affairs, Richard L. Roudebush VAMC, Indianapolis, IN

Dec. 2013 – Jan. 2021

Program Manager & Research Assistant, Health Service Research & Development

- Served as a Project Manager and Research Assistant on nine, multi-year, federally funded research projects

- Conducted research interviews with mental health clients & providers within VA and community care settings concerning inpatient psychiatric care, CBT interventions, VA Supported Employment, and other outpatient evidence-based programs
- Provided oversight and training to research staff on interview techniques, obtaining informed consent, screening for cognitive capacity, and referral for suicidal ideation in interview participants
- Evaluated implementation of recovery-oriented care during site-visits at VA inpatient psychiatric units
- Manages regulatory oversight for multiple projects, including IRB submissions and VA Research Committee audits.
- Oversees research assistants and study task assignments to ensure proper execution of research procedures.
- Problem solves to find unique solutions that enhance the research experience for Veterans and increase efficiency for staff
- Author on 4 peer-reviewed publications

University of South Florida, College of Behavioral & Community Sciences *Aug. 2017 – Aug. 2019*
Graduate Research Assistant

- Served as project manager for cross-departmental research on twice-exceptional children and for a separate study on vocational rehabilitation in Taiwan.
- Monitored project personnel and study task assignments to ensure coordination of research tasks.
- Contributed to writing, editing, submitting, and reviewing research publications.
- Worked independently to meet deadlines on multiple research projects.
- Coordinated and conducted site visits with schools to identify community research partners

Brookdale of Castleton, Brookdale Senior Living, Indianapolis, IN *Oct. 2013 – April 2014*
Activities Assistant

- Created and implemented meaningful programming for individuals and groups
- Tailored group activities to accommodate varied cognitive and mobility levels of residents in independent living, assisted living, memory care, and hospice
- Coordinated with nursing, housekeeping, concierge, and kitchen staff to help meet the needs of residents.
- Returned as a volunteer musician (ukulele & voice) monthly, April 2014 – July 2017

EDUCATION

Master's, Rehabilitation & Mental Health Counseling *Dec. 2021*
College of Behavioral & Community Sciences
University of South Florida, Tampa, FL

Graduate Certificate, Clinical Aging Studies *May 2019*
College of Behavioral & Sciences
University of South Florida, Tampa, FL

Bachelor's, Double Major: Psychology & Ancient Languages *May 2013*
Asbury University, Wilmore KY

PROFESSIONAL CERTIFICATIONS

Certified Rehabilitation Counselor

March 2021

Commission on Certified Rehabilitation Counselor Certification

PROFESSIONAL ORGANIZATIONS

International Association of Rehabilitation Professionals, Member

Since 2021

American Mental Health Counselors Association, Member

Since 2021

Suncoast Mental Health Counselors Association, Member

Since 2017

Florida Mental Health Counselors Association, Member

Since 2017

PROFESSIONAL DEVELOPMENT ACTIVITIES

Mental Health Environment of Care Checklist Training (MEHOCC)

May 2021

U.S. Department of Veterans Affairs

Passed National Certification Examination for Rehabilitation Counselors

March 2021

Commission of Rehabilitation Counselor Certification

Interprofessional Trainee Event

March 2021

Physical Medicine & Rehabilitation Service, James A. Haley VA

Pain Assessment and Management Training

April 2021

U.S. Department of Veteran's Affairs

VISN 8 Lean 101 White Belt - Virtual

April 2021

U.S. Department of Veteran's Affairs

S.A.V.E. Refresher Training

Oct. 2020

U.S. Department of Veteran's Affairs

Battlemind to Home Summit

Oct. 2020

The Military Family Research Institute, Purdue University, West Lafayette, IN

Florida Mental Health Counselors Association's Annual Conference

Feb 2020

Orlando, FL

RSA Scholar

August 2019

Rehabilitation Services Administration

Workshop: Acceptance and Commitment Therapy: Clinical Applications for Practice

July 2019

University of South Florida, Tampa, FL

11 th World Conference of Gerontechnology, International Society on Gerontechnology, Saint Petersburg, FL	<i>May 2018</i>
Suncoast Mental Health Counselors Association's Annual Spring Symposium University of South Florida, Tampa, FL	<i>April 2018</i>
Working with Complicated Grief Suncoast Mental Health Counselor's Association, Troy University, Tampa, FL	<i>Nov. 2017</i>

VOCATIONAL REHABILITATION COURSEWORK

Customized Employment Strategies for Rehabilitation MA in Rehabilitation and Mental Health Counseling, USF	<i>Summer 2020</i>
Advanced Case Management and Quality Documentation MA in Rehabilitation and Mental Health Counseling, USF	<i>Summer 2020</i>
Critical Thinking and Collaborative Relationships MA in Rehabilitation and Mental Health Counseling, USF	<i>Fall 2020</i>
Individual Evaluation and Assessment MA in Rehabilitation and Mental Health Counseling, USF	<i>Fall 2020</i>
Career and Lifestyle Assessment MA in Rehabilitation and Mental Health Counseling, USF	<i>Spring 2020</i>
Geriatric Assessment and Treatment Planning Graduate Certificate in Clinical Aging Sciences	<i>Spring 2019</i>
Medical Aspects of Disability MA in Rehabilitation and Mental Health Counseling, USF	<i>Spring 2018</i>
Physical Change and Aging Graduate Certificate in Clinical Aging Sciences	<i>Spring 2018</i>
Health Ethnicity and Aging Graduate Certificate in Clinical Aging Sciences	<i>Fall 2018</i>
Rehabilitation Counseling Concepts and Applications MA in Rehabilitation and Mental Health Counseling, USF	<i>Fall 2017</i>

HONORS & AWARDS

Highest Academic Achievement for a Senior Graduating in Psychology
Dept. of Psychology, Asbury University

April 2013

Lee Fisher Psi Chi Award for Leadership, Service, Excellence, and Character
Dept. of Psychology, Asbury University

April 2013

PEER-REVIEWED PUBLICATIONS

- McGuire, A. B., Kukla, M., Rollins, A. L., Garabrant, J., Henry, N., Eliacin, J., Myers, L. J., Flanagan, M. E., Hunt, G. M., Iwamasa, G. Y., **Bauer, S. M.**, Carter, J. L., & Salyers, M. (2021). Recovery-oriented acute inpatient mental health care: Operationalization and measurement. *Psychiatric Rehabilitation Journal, 44*(4). doi: 10.1037/prj0000494
- Bauer, S. M.**, McGuire, A. B., Kukla, M., McGuire, S., Bair, M. J., & Matthias, M. (2016). Veterans' pain-management goals: Changes during the course of a peer-led pain self-management program. *Patient Education & Counseling, 99*, 2080-2086.
- McGuire, A. B., Bartholomew, T., Anderson, A. I., **Bauer, S. M.**, Rollins, A., Pereira, A., & Salyers, M. P. (2016). Illness management & recovery in community practice. *Psychiatric Rehabilitation Journal, 39*(4), 343-351.
- Peterson, C. T., **Bauer, S. M.**, Chora, D., Mills, P. J., & Maturi, R. K. (2017). Effects of shambhavi mahamudra kriya, a multicomponent breath-based yogic practice (pranayama), on perceived stress and general well-being. *Journal of Evidence-Based Complementary & alternative Medicine, 22*(4), 788-797.
- Dreison, K. C., White, D. A., **Bauer, S. M.**, Salyers, M. P., & McGuire, A. B. (2018). Integrating self-determination and job demands-resources theory in predicting mental health provider burnout. *Administration and Policy in Mental Health, 45*, 121-130.

PRESENTATIONS

- Dreher, K. C., White, D. A., **Bauer, S. M.**, Salyers, M. P., & McGuire, A. B. (February, 2015). Burnout in mental health providers: Relative contributions of job demands-resources and autonomy supportive environment. *18th Annual American Association of Behavioral and Social Sciences Conference*, Las Vegas, NV.
- McGuire, A.B., **Bauer, S.M.**, Flanagan, M., Bartholomew, T., Kukla, M., & Salyers, M.P. (2014, December). Organizational factors associated with competence. *7th Annual Conference on the Science of Dissemination and Implementation*, Bethesda, MD.
- Bauer, S.M.**, Gruever, D. (2013, April). Exploring contributing factors of spiritual maturity in undergraduate students. *Asbury University Research Fair* Wilmore, KY.

Bauer, S.M., Shoemaker, A., Ball, L. (2013, April). The psychological and physiological effects of environmental color. *Asbury University Research Fair* Wilmore, KY.

Bauer, S.M., Gruever, D. (2013, March). Exploring contributing factors of spiritual maturity in undergraduate students. *Kentucky Psychological Association Annual Conference*, Louisville, KY.

Bauer, S.M., Shoemaker, A., Ball, L. (2013, March). The psychological and physiological effects of environmental color. *Kentucky Psychological Association Annual Conference*, Louisville, KY.

Bauer, S.M., Shoemaker, A., Ball, L. (2013, March). The psychological and physiological effects of environmental color. *SGA Intercollegiate Research Symposium*, Transylvania Univ., Lexington, KY.

Bauer, S.M., Shoemaker, A., Ball, L. (2012, March). The psychological and physiological effects of environmental color. *Kentucky Psychological Association Annual Conference*, Lexington, KY.

TEACHING EXPERIENCE

Teachers Assistant, General Psychology
Dept. of Psychology, Asbury University

Jan 2012 – May 2013

Teaching Practicum, Experimental Psychology
Dept. of Psychology, Asbury University

Aug. 2012 – Dec. 2012